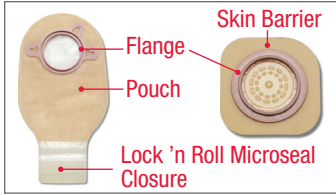


Pouchkins Two-Piece Pouching System

Collect Supplies



Gather pouch, skin barrier, scissors, pen, water, and gauze, cotton balls, or tissue.

Remove Used Pouching System



Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch and skin barrier. Do not flush down toilet.

Clean and Dry Skin



Clean the skin with water or with gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Prepare the Skin Barrier and Pouch



Measure the stoma using a stoma measuring guide before every barrier application.



Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.



Remove the release liner from the skin barrier. Set aside with adhesive facing up.



Center the skin barrier opening over the stoma. Apply gentle pressure to the skin barrier for about a minute for best adhesion.



Attach the pouch to the skin barrier by engaging the lower edges of the pouch flange and skin barrier flange. Press the two flanges together. A series of "clicks" will confirm you are doing it correctly. No more "clicks" means the pouch is secured.



Close bottom of pouch. If using a drainable pouch, close the **Lock 'n Roll** microseal closure at the bottom of the pouch or apply a pouch clamp. Fold up three times until the plastic fasteners meet. Press firmly from the center to the outer edges along the closure strip.

Tips



The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC/ET Nurse or ostomy specialist



The **Pouchkins** stickers (included in each box) can be placed on the pouch to identify the date and time the pouch was changed



If using a urostomy pouch, make sure the drain valve is closed. The teardrop on the drain valve should face the body side of the pouch. If desired, apply the cap provided in the box.

Pouchkins Two-Piece Pouching System

Using Accessories (As recommended by your healthcare professional)



Paste may be applied to the skin barrier before application.



Rings can be used to fill in skin areas near the stoma as a substitute for paste.



You may use stoma powder on the skin when the skin is eroded and moist.



An ostomy belt may be recommended by your nurse. The belt should be snug but not too tight, and should be worn in line with the stoma. Refer to Instructions for Use.

Additional Instructions:

Routine follow-up with your healthcare professional is recommended. Skin should be clean and dry before applying the skin barrier.

Instructions For Use: A drainable ostomy pouch and skin barrier suitable for frequent pouch changes or use on fragile skin. The pouch is designed to be emptied. The pouching system is most suitable for colostomies or ileostomies. Product is made with hydrocolloid skin adhesive, polymer/copolymer plastics, and nonwoven fabric.

Indications and Intended Use: This product is intended to collect output from a stoma (e.g., colostomy, ileostomy) or skin opening (e.g., wound, fistula).

Warnings: Reuse of a single use product may create potential risk to the user such as poor adhesion. Reprocessing, cleaning, disinfection, and sterilisation (sterilization) may compromise the product. This may result in odour (odor) or leakage. Ensure proper fit as instructed. If the barrier opening is incorrect or leakage occurs, skin damage may occur (e.g., irritation, broken skin, rash, or redness). This may decrease wear time.

Notes: To help ensure proper adhesion, apply to clean, dry intact skin. Do not use oils or lotions. These products may interfere with adhesion of the skin barrier. Product fit is affected by many factors such as stoma construction, stoma output, skin condition, and abdominal contours. Contact a stoma care nurse or healthcare practitioner for help with the ostomy pouching system or skin irritation. In case of serious injury (incident) in relation to your use of the product, please contact your local distributor or manufacturer, and your local competent authority. For more information, see www.hollister.com/authority or contact EC Rep or local distributor.

CE Not all products are CE marked.

The Hollister logo, Lock 'n Roll, Pouchkins and "Healthy skin. Positive outcomes." are trademarks of Hollister Incorporated.
© 2021 Hollister Incorporated.

Hollister Incorporated
2000 Hollister Drive
Libertyville, Illinois 60048
1.800.323.4060

www.hollister.com